



**EPISODE** [Greens and Beans] Food Hedonist

## Study Notes

### Vocabulary of the week

<b>palate</b>	<i>noun</i>	the sense of taste <i>I like common home-cooked meals. I have a very simple <b>palate</b>.</i>
<b>savory</b>	<i>adjective</i>	pleasing to the sense of taste or smell <i>This <b>savory</b> rendang is terrific!</i>
<b>moderately</b>	<i>adverb</i>	in a way that avoids extreme behavior or expression; simple <i>Anything you consume <b>moderately</b> is perfectly safe for the body.</i>
<b>picky</b>	<i>adjective</i>	someone who is very careful about choosing only what they like <i>The children are such <b>picky</b> eaters.</i>
<b>adventurous</b>	<i>adjective</i>	willing to try new or difficult things <i>I'm trying to be more <b>adventurous</b> with my cooking.</i>
<b>delicacy</b>	<i>noun</i>	something especially rare or expensive that is good to eat <i>Paniki is an Indonesian <b>delicacy</b> from Manado.</i>
<b>hedonist</b>	<i>noun</i>	a person who lives and behaves for the pursuit of pleasure <i>James might be a food <b>hedonist</b>. He lives only to eat.</i>
<b>appreciate</b>	<i>verb</i>	to admire the value or quality of something <i>We should <b>appreciate</b> whoever prepared this meal for us.</i>
<b>chew</b>	<i>verb</i>	to crush or digest food in your mouth <i>Always <b>chew</b> your food before swallowing.</i>