



Peer Companion Program

The San Francisco Bay Area chapter of Star Legacy Foundation was formed by local parents who have personally experienced the devastation of losing a baby.

Our group includes volunteers called peer companions who offer guidance and emotional support when families find out their babies have passed away or will soon pass away.

The companions understand pregnancy and infant loss and have received specialized training in grief and support services.

Their support level is completely driven by what you want and need from us.

What can peer companions do?

- At your request, they can visit you in the hospital before or after delivery, speak to you or a family member by phone or set up a future time to meet in person
- Answer questions about their personal experiences
- Talk about ways to create memories during your time with your beloved baby. This might include taking photos or doing footprint molds.
- Offer a care basket of comfort items. Make phone calls for funeral/memorial service arrangements
- Assist with connecting you to professional grief counselors
- Provide you and your family with emotional support in the weeks, months after your loss

What can't peer companions do?

- Make decisions for you
- Give you medical advice
- Pressure you or a family member to utilize certain services

How can I reach a peer companion?

Call (952) 715-7731, ext. 733 or email peercompanions@starlegacyfoundation.org.

A San Francisco Bay Area companion will contact you within a couple hours.