



EPISODE [Brain Juice] Make Lemonade out of Lemons

Study Notes

Vocabulary of the week

make lemonade out of lemons	<i>idiom</i>	to try the best out of a bad situation <i>We made lemonade out of lemons and learned from our mistakes.</i>
failure	<i>noun</i>	the fact that someone or something has no success <i>Our project was a failure because it didn't generate profit.</i>
goosebumps	<i>noun</i>	raised areas on the skin because of cold, fear, or excitement <i>I love watching horror movies, but they give me goosebumps!</i>
dwel	<i>verb</i>	to stay in a place or in a particular way <i>I don't want to dwel in my mistakes, I must move forward.</i>
blame	<i>verb</i>	to say or think that someone or something did something wrong <i>Don't blame anyone, learn from the mistake instead.</i>
eliminate	<i>verb</i>	to remove or take away someone or something <i>Eliminate failure by making lemonade out of it.</i>
distress	<i>noun</i>	a feeling of extreme worry, sadness, or pain <i>Emotional distress can cause many health problems.</i>
strict	<i>adjective</i>	strongly limiting someone's freedom to behave as they wish <i>My parents were very strict with me when I was young.</i>
lenient	<i>adjective</i>	tolerant, merciful, kind <i>Kiky is lenient with her students who come to class late.</i>
wise	<i>adjective</i>	having the ability to make good judgements <i>It's wise to see failures as challenges than problems.</i>